

Food Service Representative
Healthy School team (Smart Snack in School Rule)
Talking Points/Cheat Sheet

Start the Meeting

- Document in the minutes to reflect the Healthy School Team meeting has convened. (Have secretary list the names and positions of all who is in attendance.)
- The purpose of the Healthy School Team is to ensure the school is in compliance with the new Smart Snack in School ruling. Specifics of this ruling are available on the school district website under the Food Service link.
- Fundraisers of food sold IN school, DURING school hours, outside the lunch and breakfast program MUST meet the same nutritional standards as that served in the cafeteria.
 - Find out if the school has plans to sell food as part of a fundraiser. If yes, discuss how compliance with the standards will be maintained and by whom?
 - Option: 1. They can use the nutrition calculator to determine compliance
 - Option 2. They can call Tracy Cooper at 983-5140 x102 to discuss
 - If the school does not plan to sell food as part of fundraisers, then be sure to have the secretary note that in the minutes.
- Food items that do NOT meet the standards can be sold BUT are limited annually to the following guidelines:
 - 5 days a year for Elementary Schools
 - 10 days a year for Middle Schools
 - 15 days a year for High Schools

- If the Healthy school team authorizes the sale of such items, the dates needs to be set for the Fundraisers.(Seek guidance from the principal)
- Food sold outside of the lunch and breakfast program may only be sold for 30 minutes after the end of the last meal period until Midnight
- Report on the overall compliance with the districts wellness policy.
- Once the above topics have been discussed the meeting can be adjourned. (Ask Secretary to send copy of notes to you so you can keep a copy and send to Food Service).